

Interview Guidance

Interviews can feel daunting, but preparation will help you feel confident and in control. This guide will help you understand what to expect and how to perform at your best.

Before the interview

Research the company and role, review the job description, and prepare examples of your experience.

Think about how your skills match the role and practise answering common questions.

During the interview

Arrive on time, dress professionally, and listen carefully to each question. Answer clearly and honestly, using real examples where possible. Take your time and don't be afraid to ask for clarification.

After the interview

Thank the interviewer for their time and reflect on how it went.

Stay in contact with your recruiter for feedback and next steps.

Our team can provide interview advice and preparation support if needed.